



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

Participant ID

Variable # 1 **Usage Notes:** none
Sas Name: ID **Categories:** Study: Administration
Sas Label: Participant ID

F143 Days since enrollment

Variable # 2 **Usage Notes:** none
Sas Name: F143DAYS **Categories:** Study: Administration
Sas Label: F143 Days since enrollment

N	Min	Max	Mean	Std Dev
82568	589	2585	1131.3327	96.26865

F143 Highest weight in past 2 years

In the past 2 years, what was your highest weight?

Variable # 3 **Usage Notes:** none
Sas Name: WTMAX2Y_3 **Categories:** Medical History: Height/Weight History
Sas Label: Highest weight, in past 2 years Physical Measurements: Height/Weight History

N	Min	Max	Mean	Std Dev
78952	66	432	160.82136	35.32119

F143 Lowest weight in past 2 years

In the past 2 years, what was your lowest weight?

Variable # 4 **Usage Notes:** none
Sas Name: WTMIN2Y_3 **Categories:** Medical History: Height/Weight History
Sas Label: Lowest weight, in past 2 years Physical Measurements: Height/Weight History

N	Min	Max	Mean	Std Dev
78554	66	409	148.81987	31.34433

F143 Lost 5 pounds on purpose

In the past 2 years, did you lose five or more pounds on purpose at any time?

Variable # 5 **Usage Notes:** none
Sas Name: LOST5LBP_3 **Categories:** Medical History: Height/Weight History
Sas Label: Lose 5 or more pounds on purpose Physical Measurements: Height/Weight History

Values	N	%
0 No	43,087	52.2%
1 Yes	36,461	44.2%
9 Don't know	2,039	2.5%
. Missing	981	1.2%
	82,568	



F143 Lost 5 pounds on purpose - Change in diet

What method(s) did you use to lose weight? (Mark all that apply.) Change in diet

Variable # 6

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPDJET_3

Categories: Diet

Sas Label: Changed diet to lose weight

Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values		N	%
0	No	5,754	7.0%
1	Yes	30,395	36.8%
.	Missing	46,419	56.2%
		82,568	

F143 Lost 5 pounds on purpose - Increased exercise

What method(s) did you use to lose weight? (Mark all that apply.) Increased exercise

Variable # 7

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPEXER_3

Categories: Diet

Sas Label: Increased exercise to lose weight

Medical History: Height/Weight History
Physical Activity
Physical Measurements: Height/Weight History

Values		N	%
0	No	14,414	17.5%
1	Yes	21,735	26.3%
.	Missing	46,419	56.2%
		82,568	

F143 Lost 5 pounds on purpose - Redux diet pill

What method(s) did you use to lose weight? (Mark all that apply.) Redux diet pill (dexfenfluramine)

Variable # 8

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPREDUX_3

Categories: Diet

Sas Label: Redux to lose weight

Medical History: Height/Weight History
Medical History: Medications
Physical Measurements: Height/Weight History

Values		N	%
0	No	35,553	43.1%
1	Yes	596	0.7%
.	Missing	46,419	56.2%
		82,568	

F143 Lost 5 pounds on purpose - Other diet pill

What method(s) did you use to lose weight? (Mark all that apply.) Other diet pill

Variable # 9

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPTHPL_3

Categories: Diet

Sas Label: Other diet pill to lose weight

Medical History: Height/Weight History
Medical History: Medications
Physical Measurements: Height/Weight History

Values		N	%
0	No	34,945	42.3%
1	Yes	1,204	1.5%
.	Missing	46,419	56.2%
		82,568	



F143 Lost 5 pounds on purpose - Commercial wt loss

What method(s) did you use to lose weight? (Mark all that apply.) Commercial weight loss program

Variable # 10

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPCMPRG_3

Categories: Diet
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Commercial program to lose weight

Values		N	%
0	No	31,434	38.1%
1	Yes	4,715	5.7%
.	Missing	46,419	56.2%
		82,568	

F143 Lost 5 pounds on purpose - smoking

What method(s) did you use to lose weight? (Mark all that apply.) Started or increased smoking

Variable # 11

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPSMKNG_3

Categories: Lifestyle: Smoking
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Smoking to lose weight

Values		N	%
0	No	36,028	43.6%
1	Yes	121	0.1%
.	Missing	46,419	56.2%
		82,568	

F143 Lost 5 pounds on purpose - Surgical procedure

What method(s) did you use to lose weight? (Mark all that apply.) Surgical procedure (such as intestinal bypass or stomach balloon)

Variable # 12

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPSRGRY_3

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Surgery to lose weight

Values		N	%
0	No	36,094	43.7%
1	Yes	55	0.1%
.	Missing	46,419	56.2%
		82,568	

F143 Lost 5 pounds on purpose - Other Method

What method(s) did you use to lose weight? (Mark all that apply.) Other (Specify):

Variable # 13

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPOTHER_3

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Other method to lose weight

Values		N	%
0	No	33,795	40.9%
1	Yes	2,354	2.9%
.	Missing	46,419	56.2%
		82,568	



F143 Lost 5 pounds not on purpose

In the past 2 years, did you lose five or more pounds not on purpose at any time?

Variable # 14

Usage Notes: none

Sas Name: LOST5LBA_3

Sas Label: Lose five or more pounds not on purpose

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values		N	%
0	No	58,974	71.4%
1	Yes	19,688	23.8%
9	Don't know	2,990	3.6%
.	Missing	916	1.1%
		82,568	

F143 Lost 5lbs not on purpose - Illness

What was the cause of this weight loss? (Mark all that apply.) Illness

Variable # 15

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWAILLNS_3

Sas Label: Lost weight due to illness

Categories: Medical History
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values		N	%
0	No	12,411	15.0%
1	Yes	6,408	7.8%
.	Missing	63,749	77.2%
		82,568	

F143 Lost 5lbs not on purpose - Depression

What was the cause of this weight loss? (Mark all that apply.) Depression

Variable # 16

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWADPR3_3

Sas Label: Lost weight due to depression

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

Values		N	%
0	No	17,455	21.1%
1	Yes	1,364	1.7%
.	Missing	63,749	77.2%
		82,568	

F143 Lost 5lbs not on purpose - Stressful time

What was the cause of this weight loss? (Mark all that apply.) Stressful time

Variable # 17

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWASTRES_3

Sas Label: Lost weight due to stress

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

Values		N	%
0	No	14,235	17.2%
1	Yes	4,584	5.6%
.	Missing	63,749	77.2%
		82,568	



F143 Lost 5lbs not on purpose - Life events

What was the cause of this weight loss? (Mark all that apply.) Life events

Variable # 18

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWALEVNT_3

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

Sas Label: Lost weight due to life events

Values		N	%
0	No	17,031	20.6%
1	Yes	1,788	2.2%
.	Missing	63,749	77.2%
		82,568	

F143 Lost 5lbs not on purpose - Loss of appetite

What was the cause of this weight loss? (Mark all that apply.) Loss of appetite

Variable # 19

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWALSAPP_3

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost weight due to loss of appetite

Values		N	%
0	No	15,187	18.4%
1	Yes	3,632	4.4%
.	Missing	63,749	77.2%
		82,568	

F143 Lost 5lbs not on purpose - Other

What was the cause of this weight loss? (Mark all that apply.) Other (Specify):

Variable # 20

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWAOTHER_3

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Lost weight due to other reason

Values		N	%
0	No	13,849	16.8%
1	Yes	4,970	6.0%
.	Missing	63,749	77.2%
		82,568	

F143 Lost 5lbs not on purpose - Don't know

What was the cause of this weight loss? (Mark all that apply.) Don't know

Variable # 21

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWADNTNO_3

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Sas Label: Don't know reason for losing weight

Values		N	%
0	No	15,518	18.8%
1	Yes	3,301	4.0%
.	Missing	63,749	77.2%
		82,568	



F143 Figure/think you look

Choose the figure that: reflects how you think you look

Variable # 22

Usage Notes: none

Sas Name: FGTHINK_3

Categories: Psychosocial/Behavioral

Sas Label: How you think you look

Values		N	%
1	Figure 1	854	1.0%
2	Figure 2	3,251	3.9%
3	Figure 3	7,785	9.4%
4	Figure 4	20,519	24.9%
5	Figure 5	25,483	30.9%
6	Figure 6	15,202	18.4%
7	Figure 7	6,127	7.4%
8	Figure 8	1,921	2.3%
9	Figure 9	847	1.0%
.	Missing	579	0.7%
		82,568	

F143 Figure/feel most of time

Choose the figure that: reflects how you feel most of the time.

Variable # 23

Usage Notes: none

Sas Name: FGFEEL_3

Categories: Psychosocial/Behavioral

Sas Label: How you feel

Values		N	%
1	Figure 1	897	1.1%
2	Figure 2	3,552	4.3%
3	Figure 3	9,286	11.2%
4	Figure 4	20,218	24.5%
5	Figure 5	22,639	27.4%
6	Figure 6	13,761	16.7%
7	Figure 7	6,167	7.5%
8	Figure 8	2,675	3.2%
9	Figure 9	2,178	2.6%
.	Missing	1,195	1.4%
		82,568	



F143 Figure/ideal figure for you

Choose the figure that: is your ideal figure (for you).

Variable # 24

Usage Notes: none

Sas Name: FGIDLYOU_3

Categories: Psychosocial/Behavioral

Sas Label: Ideal for you

Values		N	%
1	Figure 1	656	0.8%
2	Figure 2	6,851	8.3%
3	Figure 3	30,150	36.5%
4	Figure 4	33,185	40.2%
5	Figure 5	9,166	11.1%
6	Figure 6	838	1.0%
7	Figure 7	91	0.1%
8	Figure 8	22	0.0%
9	Figure 9	38	0.0%
.	Missing	1,571	1.9%
		82,568	

F143 Figure/ideal for women

Choose the figure that: you think is ideal for women.

Variable # 25

Usage Notes: none

Sas Name: FGIDLWOM_3

Categories: Psychosocial/Behavioral

Sas Label: Ideal for women

Values		N	%
1	Figure 1	620	0.8%
2	Figure 2	8,160	9.9%
3	Figure 3	40,693	49.3%
4	Figure 4	27,934	33.8%
5	Figure 5	3,308	4.0%
6	Figure 6	125	0.2%
7	Figure 7	17	0.0%
8	Figure 8	12	0.0%
9	Figure 9	20	0.0%
.	Missing	1,679	2.0%
		82,568	



F143 Figure/preferred by men

Choose the figure that: you think is most preferred by men.

Variable # 26

Usage Notes: none

Sas Name: FGPRFMEN_3

Categories: Psychosocial/Behavioral

Sas Label: Preferred by men

Values		N	%
1	Figure 1	4,741	5.7%
2	Figure 2	19,748	23.9%
3	Figure 3	38,813	47.0%
4	Figure 4	14,734	17.8%
5	Figure 5	2,098	2.5%
6	Figure 6	198	0.2%
7	Figure 7	52	0.1%
8	Figure 8	14	0.0%
9	Figure 9	60	0.1%
.	Missing	2,110	2.6%
		82,568	

F143 Figure/preferred by women

Choose the figure that you think is most preferred by women.

Variable # 27

Usage Notes: none

Sas Name: FGPRFWOM_3

Categories: Psychosocial/Behavioral

Sas Label: Preferred by women

Values		N	%
1	Figure 1	8,430	10.2%
2	Figure 2	26,312	31.9%
3	Figure 3	34,252	41.5%
4	Figure 4	10,610	12.9%
5	Figure 5	1,185	1.4%
6	Figure 6	82	0.1%
7	Figure 7	27	0.0%
8	Figure 8	9	0.0%
9	Figure 9	40	0.0%
.	Missing	1,621	2.0%
		82,568	

**F143 How often walk more than 10 minutes**

Think about the walking you do outside the home. How often do you walk outside the home for more than 10 minutes without stopping? (Mark only one.)

Variable # 28

Usage Notes: none

Sas Name: WALKSWK_3

Categories: Physical Activity

Sas Label: # walks/wk outside home >= 10 min

Values		N	%
0	Rarely or never	13,787	16.7%
1	1-3 times each month	12,003	14.5%
2	1 time each week	8,703	10.5%
3	2-3 times each week	22,182	26.9%
4	4-6 times each week	18,533	22.4%
5	7 or more times each week	6,917	8.4%
.	Missing	443	0.5%
		82,568	

F143 How many minutes do you usually walk

When you walk outside the home for more than 10 minutes without stopping, for how many minutes do you usually walk?

Variable # 29

Usage Notes: Sub-question of F143 V3 Q6 "Walk more than 10 minutes".

Sas Name: MINSWALK_3

Categories: Physical Activity

Sas Label: # of min/walk

Values		N	%
1	Less than 20 min	20,060	24.3%
2	20-39 min	32,004	38.8%
3	40-59 min	11,385	13.8%
4	1 hour or more	4,514	5.5%
.	Missing	14,605	17.7%
		82,568	

F143 What is your usual speed

What is your usual speed?

Variable # 30

Usage Notes: Sub-question of F143 V3 Q6 "Walk more than 10 minutes".

Sas Name: WALKSPD_3

Categories: Physical Activity

Sas Label: Speed of usual walking pace

Values		N	%
2	Casual strolling	13,871	16.8%
3	Average or normal	34,239	41.5%
4	Fairly fast	16,183	19.6%
5	Very fast	759	0.9%
9	Don't know	2,958	3.6%
.	Missing	14,558	17.6%
		82,568	



F143 Strenuous Exercise Frequency

STRENUOUS OR VERY HARD EXERCISE (You work up a sweat and your heart beats fast). For example, aerobics, aerobic dancing, jogging, tennis, swimming laps.

Variable # 31

Usage Notes: none

Sas Name: HDEXFREQ_3

Categories: Physical Activity

Sas Label: Days/wk of strenuous exercise

Values		N	%
0	None	57,803	70.0%
1	1 day per week	5,252	6.4%
2	2 days per week	6,100	7.4%
3	3 days per week	7,274	8.8%
4	4 days per week	2,396	2.9%
5	5 or more days per week	2,841	3.4%
.	Missing	902	1.1%
		82,568	

F143 Strenuous Exercise Duration

How long do usually exercise like this at one time?

Variable # 32

Usage Notes: Sub-question of F143 V3 Q7.1 "Strenuous exercise".

Sas Name: HARDMINS_3

Categories: Physical Activity

Sas Label: Min/session of hard exercise

Values		N	%
1	Less than 20 min	4,401	5.3%
2	20-39 min	8,024	9.7%
3	40-59 min	5,796	7.0%
4	1 hour or more	5,298	6.4%
.	Missing	59,049	71.5%
		82,568	

F143 Moderate Exercise Frequency

MODERATE EXERCISE (Not exhausting). For example, biking outdoors, use of an exercise machine (like a stationary bike or treadmill), calisthenics, easy swimming, popular and folk dancing.

Variable # 33

Usage Notes: none

Sas Name: MDEXFREQ_3

Categories: Physical Activity

Sas Label: Days/wk of moderate exercise

Values		N	%
0	None	41,433	50.2%
1	1 day per week	9,286	11.2%
2	2 days per week	9,673	11.7%
3	3 days per week	10,959	13.3%
4	4 days per week	4,057	4.9%
5	5 or more days per week	6,270	7.6%
.	Missing	890	1.1%
		82,568	



F143 Moderate Exercise Duration

How long do usually exercise like this at one time?

Variable # 34

Sas Name: MODMINS_3

Sas Label: Min/session of moderate exercise

Usage Notes: Sub-question of F143 V3 Q7.3 "Moderate exercise".

Categories: Physical Activity

Values		N	%
1	Less than 20 min	10,899	13.2%
2	20-39 min	17,035	20.6%
3	40-59 min	6,517	7.9%
4	1 hour or more	4,860	5.9%
.	Missing	43,257	52.4%
		82,568	

F143 Mild Exercise Frequency

MILD EXERCISE. For example, slow dancing, bowling, golf.

Variable # 35

Sas Name: MLEXFREQ_3

Sas Label: Days/wk of mild exercise

Usage Notes: none

Categories: Physical Activity

Values		N	%
0	None	55,470	67.2%
1	1 day per week	10,076	12.2%
2	2 days per week	6,268	7.6%
3	3 days per week	4,275	5.2%
4	4 days per week	1,678	2.0%
5	5 or more days per week	3,226	3.9%
.	Missing	1,575	1.9%
		82,568	

F143 Mild Exercise Duration

How long do usually exercise like this at one time?

Variable # 36

Sas Name: MILDMINS_3

Sas Label: Min/day of mild exercise

Usage Notes: Sub-question of F143 V3 Q7.5 "Mild exercise".

Categories: Physical Activity

Values		N	%
1	Less than 20 min	6,853	8.3%
2	20-39 min	6,549	7.9%
3	40-59 min	2,478	3.0%
4	1 hour or more	8,836	10.7%
.	Missing	57,852	70.1%
		82,568	

**F143 Hours doing heavy chores**

About how many hours each week do you usually spend doing heavy (strenuous) indoor household chores such as scrubbing floors, sweeping, or vacuuming?

Variable # 37**Usage Notes:** none**Sas Name:** INDRCHOR_3**Categories:** Physical Activity**Sas Label:** Hours doing heavy chores

Values		N	%
1	Less than 1 hour	31,353	38.0%
2	1-3 hours	35,153	42.6%
3	4-6 hours	11,195	13.6%
4	7-9 hours	2,653	3.2%
5	10 or more hours	1,655	2.0%
.	Missing	559	0.7%
		82,568	

F143 Months of yardwork

About how many months during the year do you usually do things in the yard, such as mowing, raking, gardening, or shoveling snow?

Variable # 38**Usage Notes:** none**Sas Name:** YRDWORKM_3**Categories:** Physical Activity**Sas Label:** Months doing yard work

Values		N	%
1	Less than 1 month	34,002	41.2%
2	1-3 months	13,941	16.9%
3	4-6 months	14,410	17.5%
4	7-9 months	9,131	11.1%
5	10 or more months	9,907	12.0%
.	Missing	1,177	1.4%
		82,568	

F143 Hours per week of yardwork

When you do these things in the yard, how many hours each week do you do them?

Variable # 39**Usage Notes:** Sub-question of F143 V3 Q9 "Months of yardwork".**Sas Name:** YRDWRKH_3**Categories:** Physical Activity**Sas Label:** Hours in week doing yard work

Values		N	%
1	Less than 1 hour	7,558	9.2%
2	1-3 hours	26,042	31.5%
3	4-6 hours	8,801	10.7%
4	7-9 hours	2,665	3.2%
5	10 or more hours	2,164	2.6%
.	Missing	35,338	42.8%
		82,568	



F143 Hours sitting

During a usual day and night, about how many hours do you spend sitting? Be sure to include the time you spend sitting at work, sitting at the table eating, driving or riding in a car or bus, and sitting up watching TV or talking.

Variable # 40

Usage Notes: none

Sas Name: SITTING_3

Categories: Physical Activity

Sas Label: Number of hours spent sitting

Values		N	%
1	Less than 4 hours	9,739	11.8%
2	4-5 hours	21,586	26.1%
3	6-7 hours	20,581	24.9%
4	8-9 hours	13,785	16.7%
5	10-11 hours	8,631	10.5%
6	12-13 hours	4,883	5.9%
7	14-15 hours	1,762	2.1%
8	16 or more hours	717	0.9%
.	Missing	884	1.1%
		82,568	

F143 Sleeping or lying down

During a usual day and night, about how many hours do you spend sleeping or lying down? Be sure to include the time you spend sleeping or trying to sleep at night, resting or napping, and lying down watching TV.

Variable # 41

Usage Notes: none

Sas Name: SLEEPING_3

Categories: Lifestyle: Sleep
Physical Activity

Sas Label: Hours sleeping or lying down

Values		N	%
1	Less than 4 hours	755	0.9%
2	4-5 hours	2,477	3.0%
3	6-7 hours	28,771	34.8%
4	8-9 hours	39,800	48.2%
5	10-11 hours	8,236	10.0%
6	12-13 hours	1,565	1.9%
7	14-15 hours	296	0.4%
8	16 or more hours	191	0.2%
.	Missing	477	0.6%
		82,568	



F143 Strenuous exercise/age 5-9

5-9 years old?

Variable # 42

Usage Notes: none

Sas Name: HDACT5_3

Categories: Physical Activity

Sas Label: Strenuous activity every day 5-9 years old

Values		N	%
0	None	9,503	11.5%
1	1 day per week	3,889	4.7%
2	2 days per week	4,360	5.3%
3	3 days per week	5,332	6.5%
4	4 days per week	5,435	6.6%
5	5 or more days per week	27,819	33.7%
9	Don't know	25,377	30.7%
.	Missing	853	1.0%
		82,568	

F143 Strenuous exercise/age 10-14

10-14 years old?

Variable # 43

Usage Notes: none

Sas Name: HDACT10_3

Categories: Physical Activity

Sas Label: Strenuous activity every day 10-14 years old

Values		N	%
0	None	6,725	8.1%
1	1 day per week	4,200	5.1%
2	2 days per week	6,015	7.3%
3	3 days per week	8,480	10.3%
4	4 days per week	8,884	10.8%
5	5 or more days per week	32,871	39.8%
9	Don't know	14,549	17.6%
.	Missing	844	1.0%
		82,568	



F143 Strenuous exercise/age 15-19

15-19 years old?

Variable # 44

Usage Notes: none

Sas Name: HDACT15_3

Categories: Physical Activity

Sas Label: Strenuous activity every day 15-19 years old

Values		N	%
0	None	7,346	8.9%
1	1 day per week	5,062	6.1%
2	2 days per week	7,638	9.3%
3	3 days per week	11,231	13.6%
4	4 days per week	10,490	12.7%
5	5 or more days per week	29,642	35.9%
9	Don't know	10,325	12.5%
.	Missing	834	1.0%
		82,568	

F143 Strenuous exercise/age 20-29

20-29 years old?

Variable # 45

Usage Notes: none

Sas Name: HDACT20_3

Categories: Physical Activity

Sas Label: Strenuous activity every day 20-29 years old

Values		N	%
0	None	12,086	14.6%
1	1 day per week	7,740	9.4%
2	2 days per week	9,624	11.7%
3	3 days per week	11,544	14.0%
4	4 days per week	7,859	9.5%
5	5 or more days per week	22,401	27.1%
9	Don't know	10,519	12.7%
.	Missing	795	1.0%
		82,568	

F143 Fry/butter

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Butter.

Variable # 46

Usage Notes: none

Sas Name: FRYBTTR_3

Categories: Diet: Fats/Oils

Sas Label: Butter used to fry foods

Values		N	%
0	No	71,188	86.2%
1	Yes	11,031	13.4%
.	Missing	349	0.4%
		82,568	



F143 Fry/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Low calorie margarine

Variable # 47

Usage Notes: none

Sas Name: FRYLOMRG_3

Categories: Diet: Fats/Oils

Sas Label: Low calorie margarine used to fry foods

Values		N	%
0	No	77,350	93.7%
1	Yes	4,869	5.9%
.	Missing	349	0.4%
		82,568	

F143 Fry/stick margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Stick margarine.

Variable # 48

Usage Notes: none

Sas Name: FRYSTMARG_3

Categories: Diet: Fats/Oils

Sas Label: Stick margarine used to fry foods

Values		N	%
0	No	74,820	90.6%
1	Yes	7,399	9.0%
.	Missing	349	0.4%
		82,568	

F143 Fry/tub margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Tub margarine.

Variable # 49

Usage Notes: none

Sas Name: FRYTBMRG_3

Categories: Diet: Fats/Oils

Sas Label: Tub margarine used to fry foods

Values		N	%
0	No	75,928	92.0%
1	Yes	6,291	7.6%
.	Missing	349	0.4%
		82,568	

F143 Fry/solid vegetable fat

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Solid vegetable fat.

Variable # 50

Usage Notes: none

Sas Name: FRYVGFAT_3

Categories: Diet: Fats/Oils

Sas Label: Solid vegetable fat used to fry foods

Values		N	%
0	No	80,531	97.5%
1	Yes	1,688	2.0%
.	Missing	349	0.4%
		82,568	

**F143 Fry/shortening**

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Shortening.

Variable # 51

Usage Notes: none

Sas Name: FRYSHORT_3

Categories: Diet: Fats/Oils

Sas Label: Shortening used to fry foods

Values		N	%
0	No	81,050	98.2%
1	Yes	1,169	1.4%
.	Missing	349	0.4%
		82,568	

F143 Fry/olive oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Olive oil.

Variable # 52

Usage Notes: none

Sas Name: FRYOLIVE_3

Categories: Diet: Fats/Oils

Sas Label: Olive oil used to fry foods

Values		N	%
0	No	45,176	54.7%
1	Yes	37,043	44.9%
.	Missing	349	0.4%
		82,568	

F143 Fry/canola oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Canola oil.

Variable # 53

Usage Notes: none

Sas Name: FRYCANOL_3

Categories: Diet: Fats/Oils

Sas Label: Canola oil used to fry foods

Values		N	%
0	No	57,664	69.8%
1	Yes	24,555	29.7%
.	Missing	349	0.4%
		82,568	

F143 Fry/peanut oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Peanut oil.

Variable # 54

Usage Notes: none

Sas Name: FRYPNUT_3

Categories: Diet: Fats/Oils

Sas Label: Peanut oil used to fry foods

Values		N	%
0	No	81,220	98.4%
1	Yes	999	1.2%
.	Missing	349	0.4%
		82,568	



F143 Fry/other vegetable oils

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Other vegetable oils.

Variable # 55

Usage Notes: none

Sas Name: FRYVGOIL_3

Categories: Diet: Fats/Oils

Sas Label: Other vegetable oils used to fry foods

Values		N	%
0	No	69,732	84.5%
1	Yes	12,487	15.1%
.	Missing	349	0.4%
		82,568	

F143 Fry/non-stick spray

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Non-stick spray.

Variable # 56

Usage Notes: none

Sas Name: FRYSPRAY_3

Categories: Diet: Fats/Oils

Sas Label: Non-stick spray used to fry foods

Values		N	%
0	No	54,936	66.5%
1	Yes	27,283	33.0%
.	Missing	349	0.4%
		82,568	

F143 Fry/other fats

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Other fat(s)

Variable # 57

Usage Notes: none

Sas Name: FRYOTFAT_3

Categories: Diet: Fats/Oils

Sas Label: Other fat(s) used to fry foods

Values		N	%
0	No	81,963	99.3%
1	Yes	256	0.3%
.	Missing	349	0.4%
		82,568	

F143 Fry/did not use fat

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Did not Use Fat.

Variable # 58

Usage Notes: none

Sas Name: FRYWOFAT_3

Categories: Diet: Fats/Oils

Sas Label: No fat used to fry foods

Values		N	%
0	No	73,959	89.6%
1	Yes	8,260	10.0%
.	Missing	349	0.4%
		82,568	



F143 During/butter

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Butter

Variable # 59

Usage Notes: none

Sas Name: CKBTTR_3

Categories: Diet: Fats/Oils

Sas Label: Butter used to cook foods

Values		N	%
0	No	74,036	89.7%
1	Yes	8,125	9.8%
.	Missing	407	0.5%
		82,568	

F143 During/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Low calorie margarine

Variable # 60

Usage Notes: none

Sas Name: CKLOMRG_3

Categories: Diet: Fats/Oils

Sas Label: Low calorie margarine used to cook foods

Values		N	%
0	No	76,828	93.0%
1	Yes	5,333	6.5%
.	Missing	407	0.5%
		82,568	

F143 During/stick margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Stick margarine

Variable # 61

Usage Notes: none

Sas Name: CKSTMRG_3

Categories: Diet: Fats/Oils

Sas Label: Stick margarine used to cook foods

Values		N	%
0	No	75,583	91.5%
1	Yes	6,578	8.0%
.	Missing	407	0.5%
		82,568	

F143 During/tub margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Tub margarine

Variable # 62

Usage Notes: none

Sas Name: CKTBMRG_3

Categories: Diet: Fats/Oils

Sas Label: Tub margarine used to cook foods

Values		N	%
0	No	76,044	92.1%
1	Yes	6,117	7.4%
.	Missing	407	0.5%
		82,568	



F143 During/solid vegetable fat

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Solid vegetable fat

Variable # 63

Usage Notes: none

Sas Name: CKVGFAT_3

Categories: Diet: Fats/Oils

Sas Label: Solid vegetable fat used to cook foods

Values		N	%
0	No	81,721	99.0%
1	Yes	440	0.5%
.	Missing	407	0.5%
		82,568	

F143 During/shortening

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Shortening

Variable # 64

Usage Notes: none

Sas Name: CKSHORT_3

Categories: Diet: Fats/Oils

Sas Label: Shortening used to cook foods

Values		N	%
0	No	79,617	96.4%
1	Yes	2,544	3.1%
.	Missing	407	0.5%
		82,568	

F143 During/olive oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Olive oil

Variable # 65

Usage Notes: none

Sas Name: CKOLIVE_3

Categories: Diet: Fats/Oils

Sas Label: Olive oil used to cook foods

Values		N	%
0	No	68,415	82.9%
1	Yes	13,746	16.6%
.	Missing	407	0.5%
		82,568	

F143 During/canola oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Canola oil

Variable # 66

Usage Notes: none

Sas Name: CKCANOL_3

Categories: Diet: Fats/Oils

Sas Label: Canola oil used to cook foods

Values		N	%
0	No	74,426	90.1%
1	Yes	7,735	9.4%
.	Missing	407	0.5%
		82,568	

**F143 During/peanut oil**

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Peanut oil

Variable # 67

Usage Notes: none

Sas Name: CKPNUT_3

Categories: Diet: Fats/Oils

Sas Label: Peanut oil used to cook foods

Values		N	%
0	No	81,879	99.2%
1	Yes	282	0.3%
.	Missing	407	0.5%
		82,568	

F143 During/other vegetable oils

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Other vegetable oils

Variable # 68

Usage Notes: none

Sas Name: CKVGOIL_3

Categories: Diet: Fats/Oils

Sas Label: Other vegetable oils used to cook foods

Values		N	%
0	No	77,538	93.9%
1	Yes	4,623	5.6%
.	Missing	407	0.5%
		82,568	

F143 During/non-stick spray

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Non-stick spray

Variable # 69

Usage Notes: none

Sas Name: CKSPRAY_3

Categories: Diet: Fats/Oils

Sas Label: Non-stick spray used to cook foods

Values		N	%
0	No	75,649	91.6%
1	Yes	6,512	7.9%
.	Missing	407	0.5%
		82,568	

F143 During/other fats

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Other fat(s)

Variable # 70

Usage Notes: none

Sas Name: CKOTFAT_3

Categories: Diet: Fats/Oils

Sas Label: Other fat(s) used to cook foods

Values		N	%
0	No	81,861	99.1%
1	Yes	300	0.4%
.	Missing	407	0.5%
		82,568	



F143 During/did not use fat

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Did not Use Fat

Variable # 71

Usage Notes: none

Sas Name: CKWOFAT_3

Categories: Diet: Fats/Oils

Sas Label: Did not use fat to cook foods

Values		N	%
0	No	39,215	47.5%
1	Yes	42,946	52.0%
.	Missing	407	0.5%
		82,568	

F143 After/butter

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Butter

Variable # 72

Usage Notes: none

Sas Name: ADDBTTR_3

Categories: Diet: Fats/Oils

Sas Label: Butter added after cooking

Values		N	%
0	No	60,959	73.8%
1	Yes	21,231	25.7%
.	Missing	378	0.5%
		82,568	

F143 After/low calorie margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Low calorie margarine

Variable # 73

Usage Notes: none

Sas Name: ADDLOMRG_3

Categories: Diet: Fats/Oils

Sas Label: Low calorie margarine added after cooking

Values		N	%
0	No	69,129	83.7%
1	Yes	13,061	15.8%
.	Missing	378	0.5%
		82,568	

F143 After/stick margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Stick margarine

Variable # 74

Usage Notes: none

Sas Name: ADDSTMRG_3

Categories: Diet: Fats/Oils

Sas Label: Stick margarine added after cooking

Values		N	%
0	No	72,062	87.3%
1	Yes	10,128	12.3%
.	Missing	378	0.5%
		82,568	



F143 After/tub margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Tub margarine

Variable # 75

Usage Notes: none

Sas Name: ADDTBMRG_3

Categories: Diet: Fats/Oils

Sas Label: Tub margarine added after cooking

Values		N	%
0	No	67,118	81.3%
1	Yes	15,072	18.3%
.	Missing	378	0.5%
		82,568	

F143 After/olive oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Olive oil

Variable # 76

Usage Notes: none

Sas Name: ADDOLIVE_3

Categories: Diet: Fats/Oils

Sas Label: Olive oil added after cooking

Values		N	%
0	No	75,918	91.9%
1	Yes	6,272	7.6%
.	Missing	378	0.5%
		82,568	

F143 After/canola oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Canola oil

Variable # 77

Usage Notes: none

Sas Name: ADDCANOL_3

Categories: Diet: Fats/Oils

Sas Label: Canola oil added after cooking

Values		N	%
0	No	80,450	97.4%
1	Yes	1,740	2.1%
.	Missing	378	0.5%
		82,568	

F143 After/peanut oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Peanut oil

Variable # 78

Usage Notes: none

Sas Name: ADDPNUT_3

Categories: Diet: Fats/Oils

Sas Label: Peanut oil added after cooking

Values		N	%
0	No	82,083	99.4%
1	Yes	107	0.1%
.	Missing	378	0.5%
		82,568	



F143 After/other vegetable oils

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Other vegetable oils

Variable # 79

Usage Notes: none

Sas Name: ADDVGOIL_3

Categories: Diet: Fats/Oils

Sas Label: Other vegetable oils added after cooking

Values		N	%
0	No	80,701	97.7%
1	Yes	1,489	1.8%
.	Missing	378	0.5%
		82,568	

F143 After/low fat sour cream

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Non-fat or low-fat sour cream

Variable # 80

Usage Notes: none

Sas Name: ADDLSCR_3

Categories: Diet: Fats/Oils

Sas Label: Non-fat or low-fat sour cream added after cooking

Values		N	%
0	No	77,250	93.6%
1	Yes	4,940	6.0%
.	Missing	378	0.5%
		82,568	

F143 After/regular sour cream

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Regular sour cream

Variable # 81

Usage Notes: none

Sas Name: ADDRSCR_3

Categories: Diet: Fats/Oils

Sas Label: Regular sour cream added after cooking

Values		N	%
0	No	79,933	96.8%
1	Yes	2,257	2.7%
.	Missing	378	0.5%
		82,568	

F143 After/other fats

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Other fat(s)

Variable # 82

Usage Notes: none

Sas Name: ADDOTFAT_3

Categories: Diet: Fats/Oils

Sas Label: Other fat(s) added after cooking

Values		N	%
0	No	81,396	98.6%
1	Yes	794	1.0%
.	Missing	378	0.5%
		82,568	

**F143 After/did not use fat**

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Did not use fat

Variable # 83

Usage Notes: none

Sas Name: ADDNOFAT_3

Categories: Diet: Fats/Oils

Sas Label: Did not use fat after cooking

Values		N	%
0	No	55,169	66.8%
1	Yes	27,021	32.7%
.	Missing	378	0.5%
		82,568	

F143 Breads/butter

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Butter

Variable # 84

Usage Notes: none

Sas Name: USEBTTR_3

Categories: Diet: Fats/Oils

Sas Label: Butter used on breads, bagels, etc.

Values		N	%
0	No	55,529	67.3%
1	Yes	26,662	32.3%
.	Missing	377	0.5%
		82,568	

F143 Breads/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Low calorie margarine

Variable # 85

Usage Notes: none

Sas Name: USELOMRG_3

Categories: Diet: Fats/Oils

Sas Label: Low calorie margarine used on breads, bagels, etc.

Values		N	%
0	No	64,774	78.4%
1	Yes	17,417	21.1%
.	Missing	377	0.5%
		82,568	

F143 Breads/stick margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Stick margarine

Variable # 86

Usage Notes: none

Sas Name: USESTMRG_3

Categories: Diet: Fats/Oils

Sas Label: Stick margarine used on breads, bagels, etc.

Values		N	%
0	No	73,627	89.2%
1	Yes	8,564	10.4%
.	Missing	377	0.5%
		82,568	



F143 Breads/tub margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Tub margarine

Variable # 87

Usage Notes: none

Sas Name: USETBMRG_3

Categories: Diet: Fats/Oils

Sas Label: Tub margarine used on breads, bagels, etc.

Values		N	%
0	No	59,774	72.4%
1	Yes	22,417	27.1%
.	Missing	377	0.5%
		82,568	

F143 Breads/olive oil

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Olive oil

Variable # 88

Usage Notes: none

Sas Name: USEOLIVE_3

Categories: Diet: Fats/Oils

Sas Label: Olive oil used on breads, bagels, etc.

Values		N	%
0	No	79,532	96.3%
1	Yes	2,659	3.2%
.	Missing	377	0.5%
		82,568	

F143 Breads/other fats

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Other fat(s)

Variable # 89

Usage Notes: none

Sas Name: USEOTFAT_3

Categories: Diet: Fats/Oils

Sas Label: Other fat(s) used on breads, bagels, etc.

Values		N	%
0	No	79,310	96.1%
1	Yes	2,881	3.5%
.	Missing	377	0.5%
		82,568	

F143 Breads/did not use fat

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Did not use fat

Variable # 90

Usage Notes: none

Sas Name: USENOFAT_3

Categories: Diet: Fats/Oils

Sas Label: Did not use fat on breads, bagels, etc.

Values		N	%
0	No	64,332	77.9%
1	Yes	17,859	21.6%
.	Missing	377	0.5%
		82,568	



F143 Regular instant coffee

Regular instant (not decaf) coffee (cups)

Variable # 91

Sas Name: CFINSTNT_3

Sas Label: Regular instant coffee

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values		N	%
1	Never or less than 1 per month	65,218	79.0%
2	1-3 per month	3,377	4.1%
3	1 per week	1,255	1.5%
4	2-4 per week	1,922	2.3%
5	5-6 per week	1,011	1.2%
6	1 per day	4,570	5.5%
7	2-3 per day	3,130	3.8%
8	4-5 per day	439	0.5%
9	6 or more per day	180	0.2%
.	Missing	1,466	1.8%
		82,568	

F143 Regular espresso

Regular (not decaf) espresso or latte (cups)

Variable # 92

Sas Name: CFLATTE_3

Sas Label: Espresso or latte

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values		N	%
1	Never or less than 1 per month	65,838	79.7%
2	1-3 per month	6,082	7.4%
3	1 per week	1,796	2.2%
4	2-4 per week	1,688	2.0%
5	5-6 per week	693	0.8%
6	1 per day	2,033	2.5%
7	2-3 per day	2,104	2.5%
8	4-5 per day	376	0.5%
9	6 or more per day	144	0.2%
.	Missing	1,814	2.2%
		82,568	



F143 Regular drip coffee

Other regular drip coffee (not decaf) - drip, coffee maker, etc. (cups)

Variable # 93

Usage Notes: none

Sas Name: CFOTHDRP_3

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Sas Label: Drip coffee

Values		N	%
1	Never or less than 1 per month	38,490	46.6%
2	1-3 per month	5,553	6.7%
3	1 per week	2,671	3.2%
4	2-4 per week	4,274	5.2%
5	5-6 per week	2,304	2.8%
6	1 per day	8,587	10.4%
7	2-3 per day	15,005	18.2%
8	4-5 per day	3,100	3.8%
9	6 or more per day	928	1.1%
.	Missing	1,656	2.0%
		82,568	

F143 Decaf coffee

Decaf coffee - any type (cups)

Variable # 94

Usage Notes: none

Sas Name: CFDECAF_3

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Sas Label: Decaf coffee

Values		N	%
1	Never or less than 1 per month	40,775	49.4%
2	1-3 per month	8,645	10.5%
3	1 per week	4,224	5.1%
4	2-4 per week	6,271	7.6%
5	5-6 per week	2,700	3.3%
6	1 per day	7,685	9.3%
7	2-3 per day	8,412	10.2%
8	4-5 per day	1,432	1.7%
9	6 or more per day	423	0.5%
.	Missing	2,001	2.4%
		82,568	



F143 Regular tea

Regular tea (not herbal, not decaf) (cups)

Variable # 95

Sas Name: CFREGTEA_3

Sas Label: Tea

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values		N	%
1	Never or less than 1 per month	37,288	45.2%
2	1-3 per month	12,723	15.4%
3	1 per week	5,840	7.1%
4	2-4 per week	8,992	10.9%
5	5-6 per week	3,168	3.8%
6	1 per day	5,910	7.2%
7	2-3 per day	5,306	6.4%
8	4-5 per day	1,068	1.3%
9	6 or more per day	386	0.5%
.	Missing	1,887	2.3%
		82,568	

F143 Herbal tea

Herbal tea (cups)

Variable # 96

Sas Name: CFHRBTEA_3

Sas Label: Herbal tea

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values		N	%
1	Never or less than 1 per month	46,936	56.8%
2	1-3 per month	12,107	14.7%
3	1 per week	5,487	6.6%
4	2-4 per week	7,549	9.1%
5	5-6 per week	2,142	2.6%
6	1 per day	3,307	4.0%
7	2-3 per day	2,029	2.5%
8	4-5 per day	287	0.3%
9	6 or more per day	112	0.1%
.	Missing	2,612	3.2%
		82,568	



F143 Decaf tea

Decaf tea (cups)

Variable # 97

Sas Name: CFDCFTEA_3

Sas Label: Decaf tea

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values		N	%
1	Never or less than 1 per month	59,627	72.2%
2	1-3 per month	5,788	7.0%
3	1 per week	2,912	3.5%
4	2-4 per week	4,217	5.1%
5	5-6 per week	1,465	1.8%
6	1 per day	2,523	3.1%
7	2-3 per day	2,236	2.7%
8	4-5 per day	398	0.5%
9	6 or more per day	157	0.2%
.	Missing	3,245	3.9%
		82,568	

F143 Tap water

Water from the tap (8 ounce glasses)

Variable # 98

Sas Name: TAPWATER_3

Sas Label: Tap water

Usage Notes: none

Categories: Diet

Values		N	%
1	Never or less than 1 per month	11,114	13.5%
2	1-3 per month	1,920	2.3%
3	1 per week	1,554	1.9%
4	2-4 per week	3,628	4.4%
5	5-6 per week	2,527	3.1%
6	1 per day	7,474	9.1%
7	2-3 per day	21,626	26.2%
8	4-5 per day	18,291	22.2%
9	6 or more per day	13,236	16.0%
.	Missing	1,198	1.5%
		82,568	



F143 Bottled water

Bottled water, carbonated or plain (8 ounce glasses)

Variable # 99

Usage Notes: none

Sas Name: BOTLDWTR_3

Categories: Diet

Sas Label: Bottled water

Values		N	%
1	Never or less than 1 per month	40,386	48.9%
2	1-3 per month	7,981	9.7%
3	1 per week	3,979	4.8%
4	2-4 per week	5,104	6.2%
5	5-6 per week	2,050	2.5%
6	1 per day	4,670	5.7%
7	2-3 per day	7,343	8.9%
8	4-5 per day	5,324	6.4%
9	6 or more per day	4,413	5.3%
.	Missing	1,318	1.6%
		82,568	

F143 Diet drinks

Diet drinks, such as Diet Coke or diet fruit drinks (12 ounce cans)

Variable # 100

Usage Notes: none

Sas Name: DIETDRNK_3

Categories: Diet

Sas Label: Diet drinks

Values		N	%
1	Never or less than 1 per month	41,825	50.7%
2	1-3 per month	10,494	12.7%
3	1 per week	6,055	7.3%
4	2-4 per week	9,765	11.8%
5	5-6 per week	2,910	3.5%
6	1 per day	6,473	7.8%
7	2-3 per day	3,486	4.2%
8	4-5 per day	483	0.6%
9	6 or more per day	227	0.3%
.	Missing	850	1.0%
		82,568	



F143 Alcohol in past 3 months

During the past 3 months, have you had any drinks containing alcohol?

Variable # 101

Usage Notes: none

Sas Name: ALC3MO_3

Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: Drinks containing alcohol

Values		N	%
0	No	25,000	30.3%
1	Yes	57,143	69.2%
.	Missing	425	0.5%
		82,568	

F143 How often had alcohol

In the past 3 months, how often have you had drinks containing alcohol?

Variable # 102

Usage Notes: Sub-question of F143 V3 Q18 "Alcohol in past 3 months" (skip pattern rule not applied). Question 18 recoded to yes if any of q18.1-q18.3 is marked.

Sas Name: ALCOFTEN_3

Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: Alcohol - how often

Values		N	%
1	One day per month or less	14,550	17.6%
2	2-3 days per month	13,068	15.8%
3	1-2 days per week	9,236	11.2%
4	3-4 days per week	6,296	7.6%
5	5-6 days per week	4,097	5.0%
6	Every day or about every day	9,124	11.1%
.	Missing	26,197	31.7%
		82,568	

F143 Drinks per day

In the past 3 months, on the days you drank, how many drinks did you usually have per day? (A drink is a 12 ounce glass of beer, one 4 ounce glass of wine, or one shot [1 1/4 oz.] of liquor)

Variable # 103

Usage Notes: Sub-question of F143 V3 Q18 "Alcohol in past 3 months" (skip pattern rule not applied).

Sas Name: DRNKSDAY_3

Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: Drinks per day

Values		N	%
1	1 drink	37,856	45.8%
2	2 drinks	14,247	17.3%
3	3 drinks	2,867	3.5%
4	4-5 drinks	749	0.9%
5	6-7 drinks	119	0.1%
6	8-9 drinks	38	0.0%
7	10-11 drinks	19	0.0%
8	12 or more drinks	24	0.0%
.	Missing	26,649	32.3%
		82,568	



F143 Drinks not around a meal

In the past 3 months, on the days you drank, how many of those drinks did you usually drink that were not around a major meal (not around lunch, not around dinner)?

Variable # 104

Sas Name: NOMLDRNK_3

Sas Label: Drinks not around major meal

Usage Notes: Sub-question of F143 V3 Q18 "Alcohol in past 3 months"(skip pattern rule not applied).

Categories: Diet: Alcohol
Lifestyle: Alcohol

Values		N	%
0	None	41,677	50.5%
1	1 drink	9,194	11.1%
2	2 drinks	3,130	3.8%
3	3 drinks	1,098	1.3%
4	4-5 drinks	536	0.6%
5	6-7 drinks	176	0.2%
6	8-9 drinks	55	0.1%
7	10-11 drinks	39	0.0%
8	12 or more drinks	120	0.1%
.	Missing	26,543	32.1%
		82,568	

F143 Drink more on special occasion

Do you drink more than usual for special occasions?

Variable # 105

Sas Name: SPECOCOS_3

Sas Label: Drink on special occasions

Usage Notes: Sub-question of F143 V3 Q18 "Alcohol in past 3 months" (skip pattern rule applied to recoded question 18 - "Alcohol last 3 months").

Categories: Diet: Alcohol
Lifestyle: Alcohol

Values		N	%
0	No	37,520	45.4%
1	Yes	18,796	22.8%
.	Missing	26,252	31.8%
		82,568	

F143 How often drink more on special occasions

How often does this happen?

Variable # 106

Sas Name: SPCOCOFT_3

Sas Label: How often drink more on special occasions

Usage Notes: Sub-question of F143 V3 Q18 "Alcohol in past 3 months"
Sub-question of F143 V3 Q18.4 "Drink more on special occasion" (skip pattern rule applied using recoded question 18 - "Alcohol last 3 months").

Categories: Diet: Alcohol
Lifestyle: Alcohol

Values		N	%
1	Less than once per month	13,521	16.4%
2	Once a month	3,236	3.9%
3	2-3 times per month	1,722	2.1%
4	Once a week or more	261	0.3%
.	Missing	63,828	77.3%
		82,568	



F143 Have you changed your drinking habits

Since you enrolled in this study, have you changed your drinking habits?

Variable # 107

Usage Notes: none

Sas Name: AHABCHNG_3

Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: Changed drinking habits

Values		N	%
0	No	71,472	86.6%
1	Yes	9,830	11.9%
.	Missing	1,266	1.5%
		82,568	

F143 How have you changed your drinking habits

How have you changed your alcohol drinking? Have you:

Variable # 108

Usage Notes: Sub-question of F143 V3 Q19 "Changed drinking habits".

Sas Name: AHOWCHNG_3

Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: How changed

Values		N	%
1	Stopped	1,634	2.0%
2	Decreased	6,439	7.8%
3	Increased	1,342	1.6%
4	Started	330	0.4%
.	Missing	72,823	88.2%
		82,568	

F143 Why did you change your drinking habits

Why did you make this change? (Mark one.)

Variable # 109

Usage Notes: Sub-question of F143 V3 Q19 "Changed drinking habits".

Sas Name: AWHYCHNG_3

Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: Why changed

Values		N	%
1	Concern about current/past health	1,772	2.1%
2	Concern about future health	2,340	2.8%
8	Other	5,445	6.6%
.	Missing	73,011	88.4%
		82,568	



F143 Smoke cigarettes now

Do you smoke cigarettes now?

Variable # 110

Usage Notes: none

Sas Name: SMOKENW_3

Categories: Lifestyle: Smoking

Sas Label: Smoke cigarettes

Values		N	%
0	No	78,204	94.7%
1	Yes	3,803	4.6%
.	Missing	561	0.7%
		82,568	

F143 Cigarettes per day

How many cigarettes do you usually smoke each day? (Mark one.)

Variable # 111

Usage Notes: Sub-question of F143 V3 Q20 "Smoke cigarettes now".

Sas Name: CIGSDAY_3

Categories: Lifestyle: Smoking

Sas Label: How many cigarettes/day

Values		N	%
1	Less than 5	880	1.1%
2	5-14	1,349	1.6%
3	15-24	1,139	1.4%
4	25-34	290	0.4%
5	35-44	98	0.1%
6	45 or more	27	0.0%
.	Missing	78,785	95.4%
		82,568	

F143 Living with inside smoker

Does anyone living with you now smoke cigarettes regularly inside your home?

Variable # 112

Usage Notes: none

Sas Name: LIVSMK_3

Categories: Lifestyle: Smoking

Sas Label: Anyone living w/you smoke

Values		N	%
0	No	78,078	94.6%
1	Yes	3,765	4.6%
.	Missing	725	0.9%
		82,568	



F143 Husband smokes inside

Please mark all the people who live with you who now smoke cigarettes regularly inside your home: Husband or partner

Variable # 113

Usage Notes: Sub-question of F143 V3 Q21 "Living with inside smoker".

Sas Name: HSBNDSMK_3

Categories: Lifestyle: Smoking

Sas Label: Husband or partner in home smokes

Values		N	%
0	No	1,599	1.9%
1	Yes	2,135	2.6%
.	Missing	78,834	95.5%
		82,568	

F143 Son/daughter smokes inside

Please mark all the people who live with you who now smoke cigarettes regularly inside your home: Son(s) or daughter(s)

Variable # 114

Usage Notes: Sub-question of F143 V3 Q21 "Living with inside smoker".

Sas Name: CHILDSMK_3

Categories: Lifestyle: Smoking

Sas Label: Son or daughter in home smokes

Values		N	%
0	No	2,302	2.8%
1	Yes	1,432	1.7%
.	Missing	78,834	95.5%
		82,568	

F143 Other person smokes inside

Please mark all the people who live with you who now smoke cigarettes regularly inside your home: Other person/people

Variable # 115

Usage Notes: Sub-question of F143 V3 Q21 "Living with inside smoker".

Sas Name: OTHSMK_3

Categories: Lifestyle: Smoking

Sas Label: Other person/people in home smokes

Values		N	%
0	No	3,230	3.9%
1	Yes	504	0.6%
.	Missing	78,834	95.5%
		82,568	

F143 Work where people smoke

Do you now work in a space where people smoke cigarettes?

Variable # 116

Usage Notes: none

Sas Name: SMKWORK_3

Categories: Lifestyle: Smoking

Sas Label: Work w/people who smoke

Values		N	%
0	No	80,240	97.2%
1	Yes	1,660	2.0%
.	Missing	668	0.8%
		82,568	



F143 Current job status - Not working

What is your current job status? Not Working

Variable # 117

Usage Notes: none

Sas Name: NOTWRK_3

Categories: Demographic: Work
Lifestyle: Work

Sas Label: Not working

Values		N	%
0	No	73,367	88.9%
1	Yes	8,569	10.4%
.	Missing	632	0.8%
		82,568	

F143 Current job status - Retired

What is your current job status? Retired

Variable # 118

Usage Notes: none

Sas Name: RETIRED_3

Categories: Demographic: Work
Lifestyle: Work

Sas Label: Retired

Values		N	%
0	No	33,498	40.6%
1	Yes	48,438	58.7%
.	Missing	632	0.8%
		82,568	

F143 Current job status - Homemaker

What is your current job status? Homemaker, raising children, care of others

Variable # 119

Usage Notes: none

Sas Name: HOMEKMR_3

Categories: Demographic: Work
Lifestyle: Work

Sas Label: Homemaker

Values		N	%
0	No	77,389	93.7%
1	Yes	4,547	5.5%
.	Missing	632	0.8%
		82,568	

F143 Current job status - Employed

What is your current job status? Employed (full-time or part-time)

Variable # 120

Usage Notes: none

Sas Name: EMPLOYED_3

Categories: Demographic: Work
Lifestyle: Work

Sas Label: Employed

Values		N	%
0	No	57,616	69.8%
1	Yes	24,320	29.5%
.	Missing	632	0.8%
		82,568	



F143 Current job status - Disabled

What is your current job status? Disabled, unable to work

Variable # 121

Usage Notes: none

Sas Name: DISABLED_3

Categories: Demographic: Work
Lifestyle: Work

Sas Label: Disabled

Values		N	%
0	No	80,092	97.0%
1	Yes	1,844	2.2%
.	Missing	632	0.8%
		82,568	

F143 Current job status - Other

What is your current job status?

Variable # 122

Usage Notes: none

Sas Name: OTHWRK_3

Categories: Demographic: Work
Lifestyle: Work

Sas Label: Other

Values		N	%
0	No	76,305	92.4%
1	Yes	5,631	6.8%
.	Missing	632	0.8%
		82,568	

F143 Marital status

What is your current marital status? (Mark the one that best describes you.)

Variable # 123

Usage Notes: none

Sas Name: MARITAL_3

Categories: Demographic

Sas Label: Marital status

Values		N	%
1	Never married	3,751	4.5%
2	Divorced/separated	11,996	14.5%
3	Widowed	16,482	20.0%
4	Presently married	48,208	58.4%
5	Living in marriage-like relationship	1,836	2.2%
.	Missing	295	0.4%
		82,568	



F143 Husband job/not working

What is your husband's (partner's) current job status? Not Working

Variable # 124

Sas Name: PNOTWRK_3

Sas Label: Not working

Usage Notes: Sub-question of F143 V3 Q24 "Marital status".

Categories: Family: Spouse/Partner Demographics

Values		N	%
0	No	48,436	58.7%
1	Yes	1,264	1.5%
.	Missing	32,868	39.8%
		82,568	

F143 Husband job/retired

What is your husband's (partner's) current job status? Retired

Variable # 125

Sas Name: PRETIRED_3

Sas Label: Retired

Usage Notes: Sub-question of F143 V3 Q24 "Marital status".

Categories: Family: Spouse/Partner Demographics

Values		N	%
0	No	15,460	18.7%
1	Yes	34,240	41.5%
.	Missing	32,868	39.8%
		82,568	

F143 Husband job/homemaker

What is your husband's (partner's) current job status? Homemaker

Variable # 126

Sas Name: PHOMEMKR_3

Sas Label: Homemaker

Usage Notes: Sub-question of F143 V3 Q24 "Marital status".

Categories: Family: Spouse/Partner Demographics

Values		N	%
0	No	49,545	60.0%
1	Yes	155	0.2%
.	Missing	32,868	39.8%
		82,568	

F143 Husband job/employed

What is your husband's (partner's) current job status? Employed

Variable # 127

Sas Name: PEMPLOY_3

Sas Label: Employed

Usage Notes: Sub-question of F143 V3 Q24 "Marital status".

Categories: Family: Spouse/Partner Demographics

Values		N	%
0	No	34,032	41.2%
1	Yes	15,668	19.0%
.	Missing	32,868	39.8%
		82,568	



F143 Husband job/disabled

What is your husband's (partner's) current job status? Disabled

Variable # 128

Sas Name: PDISABLE_3

Sas Label: Disabled

Usage Notes: Sub-question of F143 V3 Q24 "Marital status".

Categories: Family: Spouse/Partner Demographics

Values		N	%
0	No	48,389	58.6%
1	Yes	1,311	1.6%
.	Missing	32,868	39.8%
		82,568	

F143 Husband job/other

What is your husband's (partner's) current job status? Other

Variable # 129

Sas Name: POTHWRK_3

Sas Label: Other

Usage Notes: Sub-question of F143 V3 Q24 "Marital status".

Categories: Family: Spouse/Partner Demographics

Values		N	%
0	No	47,938	58.1%
1	Yes	1,762	2.1%
.	Missing	32,868	39.8%
		82,568	

F143 Total family income

What was the total family income (before taxes) from all sources within your household in the last year? (Mark the one that is the best guess)

Variable # 130

Sas Name: INCOME_3

Sas Label: Family income

Usage Notes: none

Categories: Demographic
Family: Spouse/Partner Demographics

Values		N	%
1	Less than \$10,000	2,572	3.1%
2	\$10,000 to \$19,999	8,213	9.9%
3	\$20,000 to \$34,999	16,642	20.2%
4	\$35,000 to \$49,999	14,954	18.1%
5	\$50,000 to \$74,999	15,966	19.3%
6	\$75,000 to \$99,999	8,304	10.1%
7	\$100,000 to \$149,999	6,414	7.8%
8	\$150,000 or more	3,915	4.7%
9	Don't know	3,886	4.7%
.	Missing	1,702	2.1%
		82,568	



F143 Do you have a usual health care provider

Do you have a clinic, doctor, nurse or physician assistant who provides your usual medical care?

Variable # 131

Usage Notes: none

Sas Name: CAREPROV_3

Categories: Health Care

Sas Label: Medical care

Values		N	%
0	No	3,449	4.2%
1	Yes	78,328	94.9%
.	Missing	791	1.0%
		82,568	

F143 When did you last visit health care provider

When did you last visit this clinic or person? (Please give your best guess.)

Variable # 132

Usage Notes: Sub-question of F143 V3 Q26 "Has usual med care provider".

Sas Name: LSTVIS_3

Categories: Health Care

Sas Label: Last visit

Values		N	%
1	In the last 3 months	49,755	60.3%
2	4-6 months ago	14,641	17.7%
3	7-12 months ago	9,745	11.8%
4	Over a year ago	3,850	4.7%
.	Missing	4,577	5.5%
		82,568	

F143 Has your usual health care provider changed

Has your usual health care provider changed in the past 3 years?

Variable # 133

Usage Notes: Sub-question of F143 V3 Q26 "Has usual med care provider".

Sas Name: NEWDR3Y_3

Categories: Health Care

Sas Label: Health care provider changed

Values		N	%
0	No	52,548	63.6%
1	Yes	18,564	22.5%
.	Missing	11,456	13.9%
		82,568	



F143 Do you currently have health insurance

Do you currently have health insurance? This includes pre-paid private insurance such as a Health Maintenance Organization (HMO), other private insurance, Medicare, Medicaid (including State Medical Assistance, Medi-Cal or DPA), Military or VA coverage.

Variable # 134

Usage Notes: none

Sas Name: HLTHINSR_3

Categories: Health Care: Insurance

Sas Label: Health insurance

Values		N	%
0	No	1,880	2.3%
1	Yes	79,648	96.5%
.	Missing	1,040	1.3%
		82,568	

F143 Current health insurance description

Which of the following best describes the doctors and hospitals covered by your current health insurance? (Mark one.)

Variable # 135

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".

Sas Name: DRSCVRED_3

Categories: Health Care: Insurance

Sas Label: Doctors, hospitals covered

Values		N	%
1	Benefits same for any doctor or hospital	32,595	39.5%
2	Pay more for those not on a list	16,433	19.9%
3	Must use only those on a list	29,890	36.2%
.	Missing	3,650	4.4%
		82,568	

F143 Pre-paid private insurance

Pre-paid private insurance, such as a Health Maintenance Organization (HMO), Kaiser Permanente or other Group Health-type plan?

Variable # 136

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".

Sas Name: INSPREPD_3

Categories: Health Care: Insurance

Sas Label: Pre-paid private insurance

Values		N	%
0	No	35,946	43.5%
1	Yes	41,147	49.8%
.	Missing	5,475	6.6%
		82,568	



F143 Pre-paid/employer

Who pays for this insurance? (Mark all that apply.) Costs are paid by my employer or my spouse's employer

Variable # 137

Sas Name: PPEMPD_3

Sas Label: Employer pays for pre-paid insurance

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.1 "Pre-paid private insurance".

Categories: Health Care: Insurance

Values		N	%
0	No	21,120	25.6%
1	Yes	19,569	23.7%
.	Missing	41,879	50.7%
		82,568	

F143 Pre-paid/self

Who pays for this insurance? (Mark all that apply.) Costs are paid by me

Variable # 138

Sas Name: PPMEPD_3

Sas Label: I pay for pre-paid insurance

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.1 "Pre-paid private insurance".

Categories: Health Care: Insurance

Values		N	%
0	No	23,165	28.1%
1	Yes	17,524	21.2%
.	Missing	41,879	50.7%
		82,568	

F143 Pre-paid/Medicare

Who pays for this insurance? (Mark all that apply.) Medicare

Variable # 139

Sas Name: PPMEDPD_3

Sas Label: Medicare pays for pre-paid insurance

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.1 "Pre-paid private insurance".

Categories: Health Care: Insurance

Values		N	%
0	No	23,355	28.3%
1	Yes	17,334	21.0%
.	Missing	41,879	50.7%
		82,568	

F143 Other private insurance

Other private insurance such as Blue Cross, Aetna, etc.?

Variable # 140

Sas Name: INSOTHPV_3

Sas Label: Other private insurance

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".

Categories: Health Care: Insurance

Values		N	%
0	No	39,799	48.2%
1	Yes	37,100	44.9%
.	Missing	5,669	6.9%
		82,568	



F143 Other ins/employer

Who pays for this insurance? (Mark all that apply.) Costs are paid by my employer or my spouse's employer

Variable # 141

Sas Name: PRVEMPPD_3

Sas Label: Employer pays for other private insurance

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.3 "Other private insurance".

Categories: Health Care: Insurance

Values		N	%
0	No	18,087	21.9%
1	Yes	18,131	22.0%
.	Missing	46,350	56.1%
		82,568	

F143 Other ins/self

Who pays for this insurance? (Mark all that apply.) Costs are paid by me

Variable # 142

Sas Name: PRVMEPD_3

Sas Label: I pay for other private insurance

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.3 "Other private insurance".

Categories: Health Care: Insurance

Values		N	%
0	No	12,627	15.3%
1	Yes	23,591	28.6%
.	Missing	46,350	56.1%
		82,568	

F143 Medicare

Medicare?

Variable # 143

Sas Name: INSMEDCR_3

Sas Label: Medicare

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".

Categories: Health Care: Insurance

Values		N	%
0	No	31,335	38.0%
1	Yes	46,877	56.8%
.	Missing	4,356	5.3%
		82,568	

F143 Ins to supplement Medicare

Do you have additional coverage to supplement your Medicare benefits?

Variable # 144

Sas Name: MEDADDCV_3

Sas Label: Additional coverage

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.5 "Medicare".

Categories: Health Care: Insurance

Values		N	%
0	No	7,514	9.1%
1	Yes	37,626	45.6%
.	Missing	37,428	45.3%
		82,568	



F143 Medicaid or medical assistance

Medicaid, including State Medical Assistance, Medi-Cal, or DPA?

Variable # 145

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".

Sas Name: INSMDCAD_3

Categories: Health Care: Insurance

Sas Label: Medicaid

Values		N	%
0	No	74,999	90.8%
1	Yes	2,209	2.7%
.	Missing	5,360	6.5%
		82,568	

F143 Military or VA-sponsored

Military or Veterans Administration-sponsored?

Variable # 146

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".

Sas Name: INSMTRY_3

Categories: Health Care: Insurance

Sas Label: Military or VA

Values		N	%
0	No	74,635	90.4%
1	Yes	2,728	3.3%
.	Missing	5,205	6.3%
		82,568	

F143 Other insurance

Other?

Variable # 147

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".

Sas Name: INSOTHER_3

Categories: Health Care: Insurance

Sas Label: Other

Values		N	%
0	No	71,024	86.0%
1	Yes	5,568	6.7%
.	Missing	5,976	7.2%
		82,568	

F143 Natural hormones in past 2 yrs

In the past 2 years, did you use any "natural" hormones that you can get without a doctor's prescription? They may be in the form of a pill, vaginal cream or suppository, or skin cream.

Variable # 148

Usage Notes: none

Sas Name: NATHOR2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: "Natural" hormones

Values		N	%
0	No	76,250	92.3%
1	Yes	4,812	5.8%
9	Don't know	967	1.2%
.	Missing	539	0.7%
		82,568	



F143 Natural/wild yam or prog cream

In the past 2 years, what types of "natural" hormones have you used? Wild yam or progesterone creams

Variable # 149

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: YAMCRM2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Used wild yam or progesterone creams

Values		N	%
0	No	3,304	4.0%
1	Yes	1,456	1.8%
.	Missing	77,808	94.2%
		82,568	

F143 Natural/wild yam pills

In the past 2 years, what types of "natural" hormones have you used? Wild yam pills

Variable # 150

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: YAMPLS2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Used wild yam pills

Values		N	%
0	No	4,473	5.4%
1	Yes	287	0.3%
.	Missing	77,808	94.2%
		82,568	

F143 Natural/Progest suppositories

In the past 2 years, what types of "natural" hormones have you used? Progesterone suppositories

Variable # 151

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: PRGSUP2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Used progesterone suppositories

Values		N	%
0	No	4,739	5.7%
1	Yes	21	0.0%
.	Missing	77,808	94.2%
		82,568	

F143 Natural/DHEA pills

In the past 2 years, what types of "natural" hormones have you used? DHEA (dehydroepiandrosterone) pills

Variable # 152

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: DHEAPL2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Used DHEA (dehydroepiandrosterone) pills

Values		N	%
0	No	3,893	4.7%
1	Yes	867	1.1%
.	Missing	77,808	94.2%
		82,568	



F143 Natural/Phytoestrogen pills

In the past 2 years, what types of "natural" hormones have you used? Phytoestrogen pills (soy or flax)

Variable # 153

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: PHYPLS2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Used Phytoestrogen pills (soy or flax)

Values		N	%
0	No	4,031	4.9%
1	Yes	729	0.9%
.	Missing	77,808	94.2%
		82,568	

F143 Natural/Phytoestrogen creams

In the past 2 years, what types of "natural" hormones have you used? Phystoestrogen creams (soy or flax)

Variable # 154

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: PHYCRM2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Used Phystoestrogen creams (soy or flax)

Values		N	%
0	No	4,615	5.6%
1	Yes	145	0.2%
.	Missing	77,808	94.2%
		82,568	

F143 Natural/Phytoestrogen foods

In the past 2 years, what types of "natural" hormones have you used? Phytoestrogen containing foods (tofu, soybeans)

Variable # 155

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: PHYFDS2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Used Phytoestrogen containing foods (tofu, soybeans)

Values		N	%
0	No	2,837	3.4%
1	Yes	1,923	2.3%
.	Missing	77,808	94.2%
		82,568	

F143 Natural/Other

In the past 2 years, what types of "natural" hormones have you used? Used other natural hormones

Variable # 156

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: NTOTHR2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Used other natural hormones

Values		N	%
0	No	3,873	4.7%
1	Yes	887	1.1%
.	Missing	77,808	94.2%
		82,568	



F143 Natural/Don't know

In the past 2 years, what types of "natural" hormones have you used? Don't know

Variable # 157

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: NTDNTK2_3

Categories: Medical History: Reproductive
Reproductive: Hormones

Sas Label: Used unknown natural hormone

Values		N	%
0	No	4,527	5.5%
1	Yes	233	0.3%
.	Missing	77,808	94.2%
		82,568	

F143 Used female hormones

In the past 2 years, did you use female hormones (ESTROGEN or PROGESTERONE) that were prescribed by a doctor? (This may have been in the form of a pill, skin patch, shot, or vaginal cream or suppository.)

Variable # 158

Usage Notes: none

Sas Name: HRPST2YR_3

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Sas Label: Female hormones

Values		N	%
0	No	35,250	42.7%
1	Yes	46,182	55.9%
9	Don't know	504	0.6%
.	Missing	632	0.8%
		82,568	

F143 Combined estr/prog pills

In the past 2 years, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and progestin (PROGESTERONE) COMBINED in the same pill or package (for example Prempro, Premphase)?

Variable # 159

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".

Sas Name: EPPL_3

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Sas Label: Estrogen and Progestin pills

Values		N	%
0	No	32,798	39.7%
1	Yes	10,808	13.1%
9	Don't know	2,321	2.8%
.	Missing	36,641	44.4%
		82,568	



F143 Months used estr+prog pills

In the past 2 years, how many months did you use COMBINED female hormone PILLS which contained both ESTROGEN and PROGESTIN?

Variable # 160

Sas Name: EPDUR_3

Sas Label: Estrogen and Progestin - how many months

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q31 "Combined estr/prog pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	437	0.5%
2	1-6 months	1,344	1.6%
3	7-10 months	532	0.6%
4	11-12 months	1,030	1.2%
5	13-18 months	893	1.1%
6	19-24 months	6,482	7.9%
.	Missing	71,850	87.0%
		82,568	

F143 Combined estr/testost pills

In the past 2 years, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and TESTOSTERONE COMBINED in the same pill (for example, Estratest)?

Variable # 161

Sas Name: ETPL_3

Sas Label: Estrogen and Testosterone pills

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	41,290	50.0%
1	Yes	1,772	2.1%
9	Don't know	2,696	3.3%
.	Missing	36,810	44.6%
		82,568	

F143 Months used estr+test pills

In the past 2 years, how many months did you use COMBINED female hormone pills which contained both ESTROGEN and TESTOSTERONE?

Variable # 162

Sas Name: ETDUR_3

Sas Label: Estrogen and Testosterone pills - how many months

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q32 "Combined estr/testost pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	124	0.2%
2	1-6 months	352	0.4%
3	7-10 months	110	0.1%
4	11-12 months	193	0.2%
5	13-18 months	125	0.2%
6	19-24 months	833	1.0%
.	Missing	80,831	97.9%
		82,568	



F143 Estr+test pill used longest

In the past 2 years, what type of COMBINED ESTROGEN and TESTOSTERONE pill did you use the longest?

Variable # 163

Sas Name: ETTYPE_3

Sas Label: Estrogen and Testosterone - what type

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q32 "Combined estr/testost pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Estratest	758	0.9%
2	Estratest HS	454	0.5%
8	Other	454	0.5%
.	Missing	80,902	98.0%
		82,568	

F143 Used estrogen pills

In the past 2 years, did you use ESTROGEN PILLS which were prescribed by a doctor (for example, Premarin, Estrace, Ogen)? (Do not include the combined pill of estrogen and progestin or the combined pill of estrogen and testosterone.)

Variable # 164

Sas Name: EPL_3

Sas Label: Estrogen pills

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	13,266	16.1%
1	Yes	31,673	38.4%
9	Don't know	723	0.9%
.	Missing	36,906	44.7%
		82,568	

F143 Months used estrogen pills

In the past 2 years, how many months did you use ESTROGEN PILLS?

Variable # 165

Sas Name: EPLDUR_3

Sas Label: Estrogen pills - how many months

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q33 "Used estrogen pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	300	0.4%
2	1-6 months	1,254	1.5%
3	7-10 months	634	0.8%
4	11-12 months	2,306	2.8%
5	13-18 months	1,539	1.9%
6	19-24 months	25,523	30.9%
.	Missing	51,012	61.8%
		82,568	



F143 Estrogen pills days per month

In the past 2 years, when you were using ESTROGEN pills, what was the average number of days each month you used the pills?

Variable # 166

Sas Name: EPLDAYS_3

Sas Label: Estrogen pills - average number of days

Values		N	%
0	Less than 1 day	101	0.1%
1	1-7 days	458	0.6%
2	8-14 days	419	0.5%
3	15-21 days	2,266	2.7%
4	22-27 days	4,820	5.8%
5	28 or more days	23,435	28.4%
.	Missing	51,069	61.9%
		82,568	

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q33 "Used estrogen pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F143 Estrogen pills used longest

In the past 2 years, what type of ESTROGEN pill did you use the longest?

Variable # 167

Sas Name: EPLTYPE_3

Sas Label: Estrogen pills used longest

Values		N	%
1	Premarin or conj equine estrogens	24,568	29.8%
2	Estrace	3,391	4.1%
3	Ogen	1,311	1.6%
8	Other	1,653	2.0%
9	Don't know	589	0.7%
.	Missing	51,056	61.8%
		82,568	

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q33 "Used estrogen pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

**F143 Estrogen pill dose per day**

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose.)

Variable # 168

Sas Name: EPLDOSE_3

Sas Label: Estrogen pills - dosage

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q33 "Used estrogen pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	0.3 mg	3,117	3.8%
2	0.625 mg	19,859	24.1%
3	0.9 mg	1,062	1.3%
4	1 mg	2,239	2.7%
5	1.25 mg	1,902	2.3%
6	2 mg	360	0.4%
7	2.5 mg	404	0.5%
8	Other	816	1.0%
9	Don't know	1,424	1.7%
.	Missing	51,385	62.2%
		82,568	

F143 Took estrogen shots

In the past 2 years, did you take shots containing the hormone ESTROGEN?

Variable # 169

Sas Name: ESHT_3

Sas Label: Estrogen shots

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	45,476	55.1%
1	Yes	227	0.3%
9	Don't know	113	0.1%
.	Missing	36,752	44.5%
		82,568	

F143 Months took estrogen shots

In the past 2 years, how many months did you take the shots? (Count each shot as one month.)

Variable # 170

Sas Name: ESHTDUR_3

Sas Label: Estrogen shots - how many months

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q34 "Took estrogen shots".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	28	0.0%
2	1-6 months	46	0.1%
3	7-10 months	13	0.0%
4	11-12 months	33	0.0%
5	13-18 months	13	0.0%
6	19-24 months	89	0.1%
.	Missing	82,346	99.7%
		82,568	

**F143 Used estrogen in vaginal cream**

In the past 2 years, did you use a vaginal cream or suppository containing ESTROGEN which was prescribed by a doctor?

Variable # 171

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".

Sas Name: ECRM_3

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Sas Label: Estrogen vaginal cream or suppository

Values		N	%
0	No	39,046	47.3%
1	Yes	6,740	8.2%
9	Don't know	162	0.2%
.	Missing	36,620	44.4%
		82,568	

F143 Months used vaginal estrogen

In the past 2 years, how many months did you use the vaginal cream or suppository?

Variable # 172

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q35 "Used estrogen in vaginal cream".

Sas Name: ECRMDUR_3

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Sas Label: Estrogen vaginal cream or suppository - how many months

Values		N	%
1	Less than 1 month	1,966	2.4%
2	1-6 months	1,780	2.2%
3	7-10 months	424	0.5%
4	11-12 months	527	0.6%
5	13-18 months	322	0.4%
6	19-24 months	1,685	2.0%
.	Missing	75,864	91.9%
		82,568	

F143 Used estrogen skin patch

In the past 2 years, did you use a SKIN PATCH containing the hormone ESTROGEN with or without PROGESTERONE (for example, Estraderm, Climera, Vivelle)?

Variable # 173

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
On forms 146-148 this variable reflects non-combination estrogen use only.

Sas Name: EPCH_3

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Sas Label: Skin patch

Values		N	%
0	No	42,451	51.4%
1	Yes	3,364	4.1%
9	Don't know	51	0.1%
.	Missing	36,702	44.5%
		82,568	

**F143 Months used skin patch**

In the past 2 years, how many months did you use the patch?

Variable # 174**Sas Name:** EPCHDUR_3**Sas Label:** Skin patch - how many months

Values		N	%
1	Less than 1 month	245	0.3%
2	1-6 months	478	0.6%
3	7-10 months	144	0.2%
4	11-12 months	295	0.4%
5	13-18 months	219	0.3%
6	19-24 months	1,964	2.4%
.	Missing	79,223	95.9%
		82,568	

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q36 "Used estrogen skin patch".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F143 Skin patch used longest**

In the past 2 years, what type of patch did you use the longest?

Variable # 175**Sas Name:** EPCHTYPE_3**Sas Label:** Skin patch - what type

Values		N	%
1	Estrogen	2,990	3.6%
2	Estrogen plus progesterone	167	0.2%
8	Other	48	0.1%
9	Don't know	138	0.2%
.	Missing	79,225	96.0%
		82,568	

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q36 "Used estrogen skin patch".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F143 Skin patch dose**

What dose of ESTROGEN was in the skin patch you usually used?

Variable # 176**Sas Name:** EPCHDOSE_3**Sas Label:** Skin patch - dosage

Values		N	%
1	0.05 mg	2,178	2.6%
2	0.1 mg	565	0.7%
8	Other	145	0.2%
9	Don't know	433	0.5%
.	Missing	79,247	96.0%
		82,568	

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q36 "Used estrogen skin patch".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



F143 Skin patch changed per week

What was the average number of times each week that you changed your skin patch?

Variable # 177

Sas Name: EPCHCHNG_3

Sas Label: Skin patch - times changed per week

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q36 "Used estrogen skin patch".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than once each week	297	0.4%
2	1-2 times each week	2,924	3.5%
3	3-4 times each week	95	0.1%
4	5 or more times each week	15	0.0%
.	Missing	79,237	96.0%
		82,568	

F143 Used progesterone pills

In the past 2 years, did you use the female hormone PILL called PROGESTERONE or progestin (for example, Provera, Cycrin, Amen, Megace)? (Do not include the combined pill of estrogen and progestin.)

Variable # 178

Sas Name: PPL_3

Sas Label: Progesterone

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
0	No	33,554	40.6%
1	Yes	11,282	13.7%
9	Don't know	814	1.0%
.	Missing	36,918	44.7%
		82,568	

F143 Months used progest pills

In the past 2 years, how many months did you use PROGESTERONE or PROGESTIN pills?

Variable # 179

Sas Name: PPLDUR_3

Sas Label: Progesterone - how many months

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q37 "Used progesterone pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	Less than 1 month	143	0.2%
2	1-6 months	780	0.9%
3	7-10 months	405	0.5%
4	11-12 months	976	1.2%
5	13-18 months	881	1.1%
6	19-24 months	7,950	9.6%
.	Missing	71,433	86.5%
		82,568	



F143 Progest pills days per month

In the past 2 years, when you were using PROGESTERONE or PROGESTIN pills, what was the average number of days each month you used the pills?

Variable # 180

Sas Name: PPLDAY_3

Sas Label: Progesterone - average number days per month

Values	N	%
1 Less than 1 day	29	0.0%
2 1-9 days	640	0.8%
3 10-12 days	2,311	2.8%
4 13-18 days	729	0.9%
5 19-27 days	809	1.0%
6 28 or more days	6,581	8.0%
. Missing	71,469	86.6%
	82,568	

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q37 "Used progesterone pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F143 Progest pills used longest

In the past year, what type of PROGESTERONE or PROGESTIN pill did you use the longest?

Variable # 181

Sas Name: PPLTYPE_3

Sas Label: Progesterone - what type

Values	N	%
1 Provera, Cycrin, Amen	10,082	12.2%
2 Megace	36	0.0%
3 Micronized progesterone	191	0.2%
8 Other	487	0.6%
9 Don't know	327	0.4%
. Missing	71,445	86.5%
	82,568	

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q37 "Used progesterone pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



F143 Progest pill dose per day

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose.)

Variable # 182

Sas Name: PPLDOSE_3

Sas Label: Progesterone - dosage

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q37 "Used progesterone pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values		N	%
1	2.5 mg	6,288	7.6%
2	5 mg	1,959	2.4%
3	7.5 mg	12	0.0%
4	10 mg	1,232	1.5%
5	20 mg	22	0.0%
6	40 mg	12	0.0%
7	More than 40 mg	241	0.3%
8	Other	226	0.3%
9	Don't know	1,053	1.3%
.	Missing	71,523	86.6%
		82,568	

F143 Cataracts

Cataract(s)

Variable # 183

Sas Name: CATARACT_3

Sas Label: Cataracts

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	58,712	71.1%
1	Yes, less than 12 months ago	8,046	9.7%
2	Yes, 12-23 months ago	6,409	7.8%
3	Yes, 24 or more months ago	8,650	10.5%
.	Missing	751	0.9%
		82,568	

F143 Macular degeneration of retina

Macular degeneration of the retina

Variable # 184

Sas Name: MACDEGNR_3

Sas Label: Macular degeneration of retina

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values		N	%
0	No	77,885	94.3%
1	Yes, less than 12 months ago	1,198	1.5%
2	Yes, 12-23 months ago	851	1.0%
3	Yes, 24 or more months ago	1,601	1.9%
.	Missing	1,033	1.3%
		82,568	



F143 Asthma

Asthma

Variable # 185

Usage Notes: none

Sas Name: ASTHMA_3

Categories: Medical History: Other Disease/Condition

Sas Label: Asthma

Values		N	%
0	No	76,113	92.2%
1	Yes, less than 12 months ago	1,193	1.4%
2	Yes, 12-23 months ago	830	1.0%
3	Yes, 24 or more months ago	3,024	3.7%
.	Missing	1,408	1.7%
		82,568	

F143 Emphysema / chronic bronchitis

Emphysema or chronic bronchitis

Variable # 186

Usage Notes: none

Sas Name: EMPHYSEM_3

Categories: Medical History: Other Disease/Condition

Sas Label: Emphysema / chronic bronchitis

Values		N	%
0	No	78,264	94.8%
1	Yes, less than 12 months ago	1,111	1.3%
2	Yes, 12-23 months ago	632	0.8%
3	Yes, 24 or more months ago	1,529	1.9%
.	Missing	1,032	1.2%
		82,568	

F143 Heart failure

Heart failure or congestive heart failure

Variable # 187

Usage Notes: none

Sas Name: CHF_3

Categories: Medical History: Cardiovascular

Sas Label: Heart failure

Values		N	%
0	No	79,868	96.7%
1	Yes, less than 12 months ago	572	0.7%
2	Yes, 12-23 months ago	336	0.4%
3	Yes, 24 or more months ago	730	0.9%
.	Missing	1,062	1.3%
		82,568	



F143 Angina

Angina (chest pains from the heart)

Variable # 188

Usage Notes: none

Sas Name: ANGINA_3

Categories: Medical History: Cardiovascular

Sas Label: Angina

Values		N	%
0	No	78,038	94.5%
1	Yes, less than 12 months ago	1,306	1.6%
2	Yes, 12-23 months ago	687	0.8%
3	Yes, 24 or more months ago	1,543	1.9%
.	Missing	994	1.2%
		82,568	

F143 Atrial fibrillation

Atrial fibrillation

Variable # 189

Usage Notes: none

Sas Name: ATRIALFB_3

Categories: Medical History: Cardiovascular

Sas Label: Atrial fibrillation

Values		N	%
0	No	78,184	94.7%
1	Yes, less than 12 months ago	1,001	1.2%
2	Yes, 12-23 months ago	578	0.7%
3	Yes, 24 or more months ago	1,516	1.8%
.	Missing	1,289	1.6%
		82,568	

F143 Kidney or bladder stones

Kidney or bladder stones (renal or urinary calculi)

Variable # 190

Usage Notes: none

Sas Name: KIDNEYST_3

Categories: Medical History: Other Disease/Condition

Sas Label: Kidney or bladder stones

Values		N	%
0	No	80,276	97.2%
1	Yes, less than 12 months ago	465	0.6%
2	Yes, 12-23 months ago	309	0.4%
3	Yes, 24 or more months ago	534	0.6%
.	Missing	984	1.2%
		82,568	



F143 Dialysis for kidney failure

Dialysis for kidney or renal failure

Variable # 191

Usage Notes: none

Sas Name: KIDDIALY_3

Categories: Medical History: Other Disease/Condition

Sas Label: Dialysis for kidney failure

Values		N	%
0	No	81,456	98.7%
1	Yes, less than 12 months ago	38	0.0%
2	Yes, 12-23 months ago	17	0.0%
3	Yes, 24 or more months ago	34	0.0%
.	Missing	1,023	1.2%
		82,568	

F143 Stomach or duodenal ulcer

Stomach or duodenal ulcer

Variable # 192

Usage Notes: none

Sas Name: STOMULCR_3

Categories: Medical History: Other Disease/Condition

Sas Label: Stomach or duodenal ulcer

Values		N	%
0	No	79,284	96.0%
1	Yes, less than 12 months ago	694	0.8%
2	Yes, 12-23 months ago	480	0.6%
3	Yes, 24 or more months ago	1,103	1.3%
.	Missing	1,007	1.2%
		82,568	

F143 Diverticulitis

Diverticulitis

Variable # 193

Usage Notes: none

Sas Name: DIVERTIC_3

Categories: Medical History: Other Disease/Condition

Sas Label: Diverticulitis

Values		N	%
0	No	74,232	89.9%
1	Yes, less than 12 months ago	2,131	2.6%
2	Yes, 12-23 months ago	1,457	1.8%
3	Yes, 24 or more months ago	3,558	4.3%
.	Missing	1,190	1.4%
		82,568	



F143 Pancreatitis

Pancreatitis (inflamed pancreas)

Variable # 194

Usage Notes: none

Sas Name: PANCREAT_3

Categories: Medical History: Other Disease/Condition

Sas Label: Pancreatitis

Values		N	%
0	No	81,107	98.2%
1	Yes, less than 12 months ago	133	0.2%
2	Yes, 12-23 months ago	80	0.1%
3	Yes, 24 or more months ago	163	0.2%
.	Missing	1,085	1.3%
		82,568	

F143 Liver disease

Liver disease (chronic active hepatitis, cirrhosis, or yellow jaundice)

Variable # 195

Usage Notes: none

Sas Name: LIVRDIS_3

Categories: Medical History: Other Disease/Condition

Sas Label: Liver disease

Values		N	%
0	No	81,096	98.2%
1	Yes, less than 12 months ago	115	0.1%
2	Yes, 12-23 months ago	78	0.1%
3	Yes, 24 or more months ago	250	0.3%
.	Missing	1,029	1.2%
		82,568	

F143 Overactive thyroid

Overactive thyroid

Variable # 196

Usage Notes: none

Sas Name: OVRTHY_3

Categories: Medical History: Thyroid

Sas Label: Overactive thyroid

Values		N	%
0	No	79,929	96.8%
1	Yes, less than 12 months ago	328	0.4%
2	Yes, 12-23 months ago	179	0.2%
3	Yes, 24 or more months ago	627	0.8%
.	Missing	1,505	1.8%
		82,568	



F143 Underactive thyroid

Underactive thyroid

Variable # 197

Usage Notes: none

Sas Name: UNDTHY_3

Categories: Medical History: Thyroid

Sas Label: Underactive thyroid

Values		N	%
0	No	73,071	88.5%
1	Yes, less than 12 months ago	1,649	2.0%
2	Yes, 12-23 months ago	1,049	1.3%
3	Yes, 24 or more months ago	5,516	6.7%
.	Missing	1,283	1.6%
		82,568	

F143 Alzheimer's disease

Alzheimer's disease

Variable # 198

Usage Notes: none

Sas Name: ALZHEIM_3

Categories: Medical History: Other Disease/Condition

Sas Label: Alzheimer's disease

Values		N	%
0	No	81,386	98.6%
1	Yes, less than 12 months ago	47	0.1%
2	Yes, 12-23 months ago	31	0.0%
3	Yes, 24 or more months ago	29	0.0%
.	Missing	1,075	1.3%
		82,568	

F143 Multiple sclerosis

Multiple sclerosis

Variable # 199

Usage Notes: none

Sas Name: MS_3

Categories: Medical History: Other Disease/Condition

Sas Label: Multiple sclerosis

Values		N	%
0	No	81,266	98.4%
1	Yes, less than 12 months ago	23	0.0%
2	Yes, 12-23 months ago	8	0.0%
3	Yes, 24 or more months ago	105	0.1%
.	Missing	1,166	1.4%
		82,568	



F143 Parkinson's disease

Parkinson's disease

Variable # 200

Usage Notes: none

Sas Name: PARKINS_3

Categories: Medical History: Other Disease/Condition

Sas Label: Parkinson's disease

Values		N	%
0	No	81,116	98.2%
1	Yes, less than 12 months ago	81	0.1%
2	Yes, 12-23 months ago	60	0.1%
3	Yes, 24 or more months ago	107	0.1%
.	Missing	1,204	1.5%
		82,568	

F143 ALS/Lou Gehrig's disease

Amyotrophic Lateral Sclerosis (ALS, motor neuron disease, or Lou Gehrig's disease)

Variable # 201

Usage Notes: none

Sas Name: ALS_3

Categories: Medical History: Other Disease/Condition

Sas Label: ALS/Lou Gehrig's disease

Values		N	%
0	No	81,340	98.5%
1	Yes, less than 12 months ago	17	0.0%
2	Yes, 12-23 months ago	5	0.0%
3	Yes, 24 or more months ago	11	0.0%
.	Missing	1,195	1.4%
		82,568	

Recreational phys activity per week

Computed from Form 143, questions 6, 7.1, 7.3, and 7.5. Total number of episodes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable # 202

Usage Notes: none

Sas Name: TEPIWK

Categories: Computed Variables
Physical Activity

Sas Label: Recreational phys activity per week

N	Min	Max	Mean	Std Dev
82283	0	25	5.44472	4.25858

Recr. phys activity per week >= 20 Min

Computed from Form 143, questions 6, 6.1, 7.1, 7.2, 7.3, 7.4, 7.5 and 7.6. Episodes per week of recreational physical activity of >=20 minutes duration (includes walking, mild, moderate and strenuous physical activity).

Variable # 203

Usage Notes: none

Sas Name: LEPITOT

Categories: Computed Variables
Physical Activity

Sas Label: Recr. phys activity per week >= 20 Min

N	Min	Max	Mean	Std Dev
82283	0	25	4.28031	4.07628



Mod. to strenuous phys activity per week

Computed from Form 143, questions 6.2, 7.1, and 7.3. Episodes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 204

Usage Notes: none

Sas Name: MSEPIWK

Categories: Computed Variables
Physical Activity

Sas Label: Mod. to strenuous phys activity per week

N	Min	Max	Mean	Std Dev
82283	0	19	2.98793	3.4161

Mod-stren activity > 20 min/week

Computed from Form 143, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3 and 7.4. Episodes per week of moderate and strenuous recreational physical activity of >=20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 205

Usage Notes: none

Sas Name: XLMSEPI

Categories: Computed Variables
Physical Activity

Sas Label: Mod-stren activity > 20 min/week

N	Min	Max	Mean	Std Dev
82283	0	19	2.45282	3.23817

Mod-stren activity >20 min/week (categorical)

Computed from Form 143, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3, and 7.4. Categorical variable of episodes per week of moderate and strenuous recreational physical activity of >= 20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity). Computed from XLMSEPI and TEPIWK.

Variable # 206

Usage Notes: none

Sas Name: LMSEPI

Categories: Computed Variables
Physical Activity

Sas Label: Mod-stren activity >20 min/week (categorical)

Values	N	%
1 No activity	11,931	14.4%
2 Some activity of limited duration	31,789	38.5%
3 2 - <4 episodes per week	14,987	18.2%
4 4 episodes per week	23,576	28.6%
. Missing	285	0.3%
	82,568	



Strenuous activity episodes per week

Computed from Form 143, question 7.1. Episodes per week of strenuous recreational physical activity.

Variable # 207

Usage Notes: none

Sas Name: SEPIWK

Categories: Computed Variables
Physical Activity

Sas Label: Strenuous activity episodes per week

Values	N	%
0	58,420	70.8%
1	5,252	6.4%
2	6,100	7.4%
3	7,274	8.8%
4	2,396	2.9%
6	2,841	3.4%
.	285	0.3%
82,568		

Minutes of recr. phys activity per week

Computed from Form 143, questions 6, 6.1, 7.1, 7.2, 7.3, 7.4, 7.5, and 7.6. Total minutes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable # 208

Usage Notes: none

Sas Name: TMINWK

Categories: Computed Variables
Physical Activity

Sas Label: Minutes of recr. phys activity per week

N	Min	Max	Mean	Std Dev
82283	0	1750	196.31045	189.29416

Minutes of mod-stren activity per week

Computed from Form 143, questions 6, 6.2, 7.1, and 7.3. Minutes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 209

Usage Notes: none

Sas Name: MSMINWK

Categories: Computed Variables
Physical Activity

Sas Label: Minutes of mod-stren activity per week

N	Min	Max	Mean	Std Dev
82283	0	1330	111.4561	151.70765

Minutes of stren. phys activity per week

Computed from Form 143, questions 7.1 and 7.2. Minutes per week of strenuous recreational physical activity.

Variable # 210

Usage Notes: none

Sas Name: SMINWK

Categories: Computed Variables
Physical Activity

Sas Label: Minutes of stren. phys activity per week

N	Min	Max	Mean	Std Dev
82283	0	420	33.51847	72.47746



Total MET-hours per week

Computed from Form 143, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3, 7.4, 7.5, and 7.6. Total MET-hours per week. Expenditure of energy from recreational physical activity (includes walking, mild, moderate and strenuous physical activity in kcal/week/kg).

Variable # 211

Usage Notes: none

Sas Name: TEXPWK

Categories: Computed Variables
Physical Activity

Sas Label: Total MET-hours per week

N	Min	Max	Mean	Std Dev
82283	0	142.33333	13.60484	14.56376

MET-hours per week from walking

Computed from Form 143, questions 6, 6.1, and 6.2. Expenditure of energy from physical activity from walking in kcal/week/kg (MET-hours per week).

Variable # 212

Usage Notes: none

Sas Name: WALKEXP

Categories: Computed Variables
Physical Activity

Sas Label: MET-hours per week from walking

N	Min	Max	Mean	Std Dev
82283	0	40.83333	4.7249	5.93056

Energy expend from avg walking

Computed from Form 143, questions 6, 6.1 and 6.2. Energy expenditure from average walking (2-3 mph) in MET-hours per week. If question 6.2 (speed of walking) was marked as 'don't know' or was missing, the speed was assumed to be 2-3 mph.

Variable # 213

Usage Notes: none

Sas Name: AVWKEXP

Categories: Computed Variables
Physical Activity

Sas Label: Energy expend from avg walking

N	Min	Max	Mean	Std Dev
82283	0	24.5	2.28322	4.09935

Energy expend from walking fairly fast

Computed from Form 143, questions 6, 6.1 and 6.2. Energy expenditure from walking fairly fast (3-4 mph) in MET-hours per week.

Variable # 214

Usage Notes: none

Sas Name: FFWKEXP

Categories: Computed Variables
Physical Activity

Sas Label: Energy expend fr walking fairly fast

N	Min	Max	Mean	Std Dev
82283	0	32.66667	1.95093	5.11096

Energy expend from walking very fast

Computed from Form 143, questions 6, 6.1, and 6.2. Energy expenditure from walking very fast (> 4 mph) in MET-hours per week.

Variable # 215

Usage Notes: none

Sas Name: VFWKEXP

Categories: Computed Variables
Physical Activity

Sas Label: Energy expend from walking very fast

N	Min	Max	Mean	Std Dev
82283	0	40.83333	.15925	1.94862



Energy expenditure from hard exercise

Computed from Form 143, questions 7.1 and 7.2. Energy expenditure from strenuous or very hard exercise (for example, aerobics, aerobic dancing, jogging, tennis, swimming laps) in MET-hours per week.

Variable # 216

Usage Notes: none

Sas Name: HARDEXP

Categories: Computed Variables
Physical Activity

Sas Label: Energy expenditure from hard exercise

N	Min	Max	Mean	Std Dev
82283	0	49	3.91049	8.4557

Energy expenditure from mod. exercise

Computed from Form 143, questions 7.3 and 7.4. Energy expenditure from moderate exercise (for example, biking outdoors, using an exercise machine, calisthenics, easy swimming, popular or folk dancing) in MET-hours per week.

Variable # 217

Usage Notes: none

Sas Name: MODEXP

Categories: Computed Variables
Physical Activity

Sas Label: Energy expend from moderate exercise

N	Min	Max	Mean	Std Dev
82283	0	31.5	3.5072	5.62887

Energy expenditure from mild exercise

Computed from Form 143, questions 7.5 and 7.6. Energy expenditure from mild exercise (for example, slow dancing, bowling, golf) in MET-hours per week.

Variable # 218

Usage Notes: none

Sas Name: MILDEXP

Categories: Computed Variables
Physical Activity

Sas Label: Energy expenditure from mild exercise

N	Min	Max	Mean	Std Dev
82283	0	21	1.46225	3.24387

Estrogen use last 2 years

Variable # 219

Usage Notes: none

Sas Name: ELST2YR_3

Categories: Computed Variables
Reproductive: Hormones

Sas Label: Estrogen use last 2 years

Values	N	%
0 No	38,090	46.1%
1 Yes	42,472	51.4%
. Missing	2,006	2.4%
	82,568	



Progesterone use last 2 years

Variable # 220

Usage Notes: none

Sas Name: PLST2YR_3

Categories: Computed Variables
Reproductive: Hormones

Sas Label: Progesterone use last 2 years

Values		N	%
0	No	58,109	70.4%
1	Yes	20,173	24.4%
.	Missing	4,286	5.2%
		82,568	

Hormone use last 2 years (estrog. or progest.)

Variable # 221

Usage Notes: none

Sas Name: HLST2YR_3

Categories: Computed Variables
Reproductive: Hormones

Sas Label: Hormone use last 2 years (estrogen or progesterone)

Values		N	%
0	No	37,851	45.8%
1	Yes	42,782	51.8%
.	Missing	1,935	2.3%
		82,568	